



Care that delivers proven,
nationally scaled access to
behavioral health services
across the broadest range
of needs and ages.



MD Live Behavioral Health offers an experience more like an in-office, face-to-face therapy visit than other teletherapy providers, and to a broader age range — dependents age 10 years of age and older are eligible for care. And unlike many of their platforms, the MD Live experience is based on talk therapy rather than text or in-app chat interactions, fostering stronger patient-provider relationships and resulting in more meaningful interactions and improved outcomes.

MD Live is



Proven

We deliver proven scale, outcomes, and affordability — and back it up with value-based care arrangements.



Patient driven

Our high-quality provider network, easy-to-use single platform, and consumer expertise create industry-leading patient satisfaction.



Innovative

We innovate where it matters to deliver best-in-class core virtual care solutions.



engage@MDLive.com | MDLive.com



MD Live
By **EVERNORTH**

MD Behavioral Health advantages

- + **MD Live Behavioral Health is more like in-office, face-to-face visits than other teletherapy providers** leading to more substantial interactions between patient and provider. In fact, 80% of patients suffering from anxiety or depression felt better after three sessions with an MD Live therapist.¹
- + **Appointments** with MD Live board-certified psychiatrists and licensed therapists happen quicker than traditional office visits. Patients can be seen in as little as five days or less versus the national average of three weeks. Evening and weekend appointments increase access and improve patient satisfaction.
- + **MD Live teletherapy** offers privacy and the convenience of sessions in the patient's own home – these virtual appointments close gaps in care for those who don't have easy access to in-person therapy. Providers can assign Well-being Tools to support patients between visits by enabling them to track their moods and sleep, journal, and follow guided meditations and action plans.
- + **Our provider network is comprised of over 1,300 board-certified psychiatrists and licensed therapists** available in all 50 states and Puerto Rico. Our providers have an average of 10 years of clinical experience and receive additional specialized, ongoing training in telehealth modalities. We adhere to all NCQA standards and guidelines.
- + **MD Live solutions meet the highest standards of data and privacy protection.** Our secure platform is HiTrust certified, and all our telehealth services are HIPAA compliant.

MD Live provides care for hundreds of behavioral health needs, including:

- + Addictions
- + Anxiety
- + Bipolar
- + Depression
- + LGBTQ+ Support
- + Stress Management
- + Trauma & PTSD

Psychiatry services

- + ePrescribing
- + Ongoing Medication Management
- + Care Coordination
- + Employee Assistance Program Integration

Psychology and counselor services

- + Initial Assessment
- + Ongoing Counseling
- + Care Coordination
- + Diagnostic Assessment



MD Live believes in the power of providing impactful and innovative health care to improve lives. Let's work together to deliver on that promise to your members.



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1. Percentage of assessed patients that showed clinical improvement in PHQ-9 or GAD-7 scores after three or more virtual therapy sessions with their MD Live provider between 2022-2024.